



MARATHON GLOBETROTTERS

Issue #11

May 2017 - February 2018

2018 Annual Club Meeting, Kauai, Hawaii

Annual Meeting

The Marathon Globetrotters annual meeting was held January 20, 2018 at 4:00 PM at the lovely Smith Family Garden Luau in Kapaa HI. Officers attending were Kevin Brosi, President, and Cheri Pompeo, Publicity.



Present at Meeting:

Troy and Cathy Johnson

Kevin Brosi

Liz Gmerek

Gregg Walchli

Cheri Pompeo

Caren Della Cioppa

Tom Craven

Tom Hallee

Revi Fayola Sitompul

Alan Gorski and non-member wife

- **President:** Kevin Brosi
- **Membership:** Eddy Angkawibawa
- **Publicity:** Cheri Pompeo
- **Electronic Media:** Steven T Lee
- **Finance:** TBD
- **Awards:** TBD

Member Election results are posted on page 4.

Officers were nominated and voted in by the attending full members. All members have since had the opportunity to vote .

Marathon Globetrotters is a member-run club of people who run marathon (or greater) distance races in multiple countries. The club is run entirely by volunteers elected by its members, and does not collect monies or pay any member/volunteer for their efforts. There are no dues. To provisionally join the club, a runner must have completed a full marathon (26.2 miles/ 42.2 kilometers or longer) in an official race in at least 5 countries. Full membership and voting rights are granted to runners who complete 10 or more countries. www.marathonglobetrotters.org

2017 Annual Club Meeting, cont'd



Adjacent Event

The 11th Maui Oceanfront Marathon

mauiocceanfrontmarathon.com

Martin Luther King Weekend on Sunday January 14, 2018

Attended by several members.

2018 Aloha Marathons, Kauai & Annual Meeting

Meeting Minutes:

- Members introduced themselves Name, Country, # marathons, # countries.
- Post meeting photo arranged for the Smith Family Gardens
- The gear situation is still in flux based on financial status.
- Suggestions for Website were solicited. Some have tried to use the race calendar without success and others have had no problem.
- Proposals for next meeting were put forward and possibilities for doubles were suggested. This was left open for further input.
- The duties for the ambassador with respect to annual meeting requirements were explained. The course needs to stay open for 7.5 hours, races that don't sell out too quickly and have a meeting room we can use. The ambassador needs to be responsible for all arrangements with the race director.
- Issues: whether to honor continents or half marathons. Held as is.
- No bylaw changes proposed.



The Smith Family Gardens couldn't be more beautiful. The marathon started at 4:30AM in the dark.

The major turns were illuminated by tiki torches and the turn around was a blue cone lit from inside. All around we could hear roosters getting ready to announce the day.



Here are the 2018 MG voting results. If you see any of the officers at a race please thank them as the role is completely voluntary and consumes their personal time.

President

Kevin Brosi 49

Deborah Lazerson 8

Abstain 1

Membership

Eddy Angkawibawa 54

Deborah Lazerson 4

Publicity

Cheri Pompeo 57

Abstain 1

Electronic Media

Steven Lee 56

Larry Macon 1 (not a member)

Abstain 1

The following board positions are unfilled. We will consider the nominations received below (some in duplicate roles) then hold a special election:

Awards: Nominations are Don Bierer and Sandy Hugill some information about each follows.

Finance: Nomination is Seth Kramar

Nominations for unfilled positions:

For the Director of Awards:

Don Bierer

I ran my first marathon in 1991 at the Napa Valley Marathon when I was a post-doctoral student at UC Berkeley. I made many rookie mistakes during that first marathon: my longest run up to that point had been about 15 miles, and I went



out and tried to run my 10K pace and hold it for as long as I could. Needless to say, I crashed badly at 35K and ended up injured. Although I had no intention of ever running another marathon again, I later realized my errors and ran my second marathon a year later in Portland, OR. After noticing that my first three marathons were in three different states by chance, I decided to set running the states as a goal, not knowing that there was actually a club of runners doing that. But in 2007 we had to move to Germany. I therefore decided to postpone my goal of finishing the states and I began to run countries and Summer Olympic sites in Europe, starting with Helsinki, followed by Amsterdam, Ant-

werp, Prague, Reykjavik, and Berlin in the first year. When I realized that I had already qualified for Marathon Maniacs, I joined in 2011 and have since achieved gold status. When I saw the announcement for Marathon Globetrotters the day the club was launched, I immediately joined, as I had already had completed 21 countries and knew one of the founders. So I have been a member of Globetrotters since the beginning. In addition, I also belong to the 50 States + DC Club and the Country Club. Overall, I have run 80 marathons and finished 25 US states + DC and 33 countries. My short-term running goals are to get to 50 countries, finish the Summer Olympic sites in Europe, and after completing my 100th marathon, join the 100 Marathon Deutschland Club. Then I want to go back and finish the US states.

Professionally I work as a research chemist at Bayer in Wuppertal, Germany. I am married and have one son living in the US. We like to travel, which fits nicely with the marathon hobby. I also spend a lot of weekends in Berlin, as my wife works for Bayer in Berlin. When I am not running, I enjoy taking care of our Bichon Frise.

Nominations for unfilled positions cont'd:



Nomination for Director of Awards:

Sandy Hugill

Sandy Hugill lives in Columbus, Ohio, USA. She qualified as a provisional member of Marathon Globetrotters at the club's first annual meeting in the Bahamas and earned her first flag at the 2017 Marathon de Paris. She served a previous term as the club's Direc-

tor of Publicity. Sandy is a 50 states finisher and earned Titanium level in the Marathon Maniacs. She became certified as a Road Runners Club of America Level 1 Coach in 2017, and enjoys serving as a pacer at marathons and half marathons in the US. Her running blog is: <http://sandyruns.blogspot.com>.

Sandy's first marathon was in 2005 at the Mardi Gras Marathon in New Orleans, Louisiana USA (now the Rock 'n' Roll New Orleans Marathon). Even though she ran on an injury and finished at the back of the pack, she quickly signed up for the 2005 Dublin Marathon eight months later, and greatly improved her time. She ran two more marathons in 2006 and then took a several-year break to nurse an injury and to focus on other pursuits.

In 2012, Sandy went a little crazy and started running several marathons in a year. For the next few years, marathon travel took her all across the United States (she finished her 50th state marathon in Oregon in 2015), into Canada, the Caribbean and Europe. In 2017 She was selected as a Columbus Marathon Ambassador to Columbus' "sister city" Hefei, China, where she ran the Hefei International Marathon as part of a cultural exchange trip.

Nominations for unfilled positions cont'd:

Nomination for Director of Finance:



I'm a marathoner and traveler who joined up with the Globetrotters not long ago. Due to work obligations, most of my marathoning (148/156) has been in the US where I live, but my first international marathon was in 2015 in Kiel, Germany. Since then I've returned to Germany for the Berlin marathon, and 6 other countries. I'm looking forward to marathons or ultras planned in Bra-

zil, Switzerland, and Iceland for the remainder of 2018, and hopefully Antarctica with Steve Hibbs' group in early 2019 to round out the last of the continents.

Name : Seth Kramer

Home : Wilton Manors, Florida, USA

Membership Date : 2016-12-08

Membership : Provisional

Number of Flag(s) : 0

Number of Continents Completed : 6

Continents Completed : Africa, Asia, Australia, Europe, North America, South America

Seven Continents Finisher : No

Number of Countries Completed : 8

Countries Completed : Australia, Colombia, Germany, Israel, Jamaica, Mexico, Tunisia, United States

Member Profiles

SidyDiallo



Back to square one. I'm a Seven Continents marathon finisher, Seven Continents ultramarathon finisher and, since 2015, a barefoot runner. In my childhood, like all children around the world, I loved to run and, for 5 years, I would run and walk 15k a day, naturally and happily barefoot, between my native village and the nearest elementary school. That was in the early 1960s in the region of Fouta Djallon, in Guinea (a former French colony in West Africa). Afterwards, I moved to the city to attend high school. In 1973, I was granted a higher education scholarship and sent to Havana, where I got my degree of doctor of medicine in 1980.

A combination of exceptional circumstances helped me 30 years later, in Chicago, to get back the delight of running. I completed in the following 7 years: 11 ultramarathons and 153 marathons, including 48 marathons on six

continents in 2013.

On March 22, 2015 I ran the Rome Marathon with minimalist shoes to celebrate my 60th birthday. The easy transition to the minimalist shoes provided me the needed extra motivation and encouragement to try and run barefoot. And here I'm again, running naturally and happily barefoot an average of 15k a day, usually 4 to 5 days a week. In other words, I'm back to square one, and I'm definitely enjoying it to an extent that other marathon or ultramarathon barefoot runners are more likely to fully understand. That's a wonderful journey of a lifetime, as it takes you closer to the few contemporary humans who, on the footsteps of our ancestors, still walk or run barefoot long distances to bring food home.

I take long-distance running for what it naturally means for humans, i.e. a normal, healthy and vital activity, not a "sport". Earlier humans would run for food, whereas current humans desperately need to run from too much food we've made so easily available. I keep trying, through my website (www.sidy42k.com) and my exchanges with those I meet, to help as many people as possible to find again the motivation for running and to do it ultimately barefoot. Not an easy task, but I'm optimistic and confident that, together, we can get the rest of the world run with us.

Race Report: Totem to Totem Marathon



Bald eagles soaring overhead, deer grazing by the roadside, ancient totem poles, ravens mocking me from the treetops, ocean waves crashing into the shore. These were a few of the sights that distracted me from the usual pain of running 26.2 miles. On July 15, 2017, my wife and I ran the Totem-to-Totem Marathon

("T2T") <http://www.totemtotem.com> in Skidegate, British Columbia, Canada. Since we are Canadians it didn't really count as an international marathon. However, it is held in Haida Gwaii, a remote part of Canada even few Canadians have the opportunity to visit. Haida Gwaii is on the northern coast of British Columbia, close to Alaska. It is the traditional territory of the Haida, one of Canada's indigenous peoples.

T2T is a community event intended to promote fitness. There are 10 km, half marathon and marathon events. All events start and finish at the Haida Heritage Centre at Kay Llnagaay ("Sea Lion Town"), Skidegate. The rugged coastline of Hecate Strait is on one side of the start line. On the other is the Heritage Centre with its iconic Haida totem poles representing each of the six villages of Skidegate - hence Totem-to-Totem's name.



The race began with a short ceremony honouring the Haida and a traditional request for Chief Skidegate to welcome us to Haida territory. Then the race was on.

Totem to Totem, cont'd

The first mile took us through Skidegate village with more totems and past the cemetery with its intricately carved traditional mortuary poles. The first bald eagle sighting was barely a half-mile into the race. We soon lost count. After Skidegate the course continued north along the main highway, the ocean to one side and thick forests to the other. Deer grazing on the lush roadside grass ignored us as we ran by. Race day temperature was about 12 degrees Celsius, ideal for running. The course is entirely at sea level. As flat as the course was, even the little grades up and down on the highway took their toll. The totem poles of the Heritage Centre were a welcome sight as I rounded the last corner.



The
fin-



isher's medal made it all worthwhile. It is beautiful design especially done for the race by Robert Davidson, a renowned Haida artist. The post race meal was a delicious salmon barbecue prepared by volunteers from the community.

We stayed in Haida Gwaii for a week post race. Graham Island, on which Skidegate is located, can be driven from end to end in a couple of hours. We took our time exploring the few small towns on the island and hiking several of the forest trails. If you like fishing, Haida Gwaii will be heaven. It has world-class salmon and halibut fishing. Our highlight was a daylong boat trip to Skedans, an abandoned Haida village that is now a protected cultural site. In addition to a guided tour of Skedans we toured the coast-

line observing wildlife, including a colony of sea lions. We searched in vain for the resident orcas (killer whales). Next time.

T2T is a small race but offers a lot. The people of Skidegate are the friendliest marathon hosts we have ever encountered, the scenery is spectacular and the medal is the best ever!



**Marathon Globetrotter
George Pembertan and his**

wife at the finish line.

If you go:

There are daily direct flights from Vancouver to Sandspit (YZP).

Accommodation is mostly bed-and-breakfast style. Best to book well in advance.

Rental cars are available at Sandspit airport, Skidegate and Masset (at the north end of the island). Again book ahead.

Gwaii Haanas National Park is accessible only by boat and is strictly regulated. Boat tours are popular and sell out during the summer. Book online in advance.

More information is available from the tourism authority <http://www.gohaidagwaii.ca> or Parks Canada <http://www.pc.gc.ca/en/pn-np/bc/gwaiihaanas>

In Memoriam



Jørgen Meier Sørensen became a member of the Marathon Globetrotters shortly before his passing.

From his friend and fellow Globetrotter **Christian Syversen** :

“Jørgens condition got a lot worse about a week and a half ago and I'm sorry to say that he passed away on the early morning of March 2nd. The memorial service will be on Friday and he will be laid to rest in a small cemetery in the woods where he ran his daily runs.

As one of his final wishes, he told his wife that he wanted to be buried in his Club 100 Marathon Denmark running gear, running shoes and the medal he received, when he ran his marathon no. 100. All though involved in politics and being a professional and well respected business man, both in Denmark and abroad, he was a runner the core and wanted to be remembered as such.

I will be at the service and be laying a funeral wreath from both the marathon community in Denmark and from the Hollufgard Cannonball Marathon, a small race which I organize. I have also printed out the MG diploma, put it in a frame and will bring that with me as well, since it was a membership he had wished for.”

In Memoriam cont'd

Jørgen became an honorary member of Club 100 Marathons Denmark about a month ago:

<http://klub100marathon.dk/2-februar-2018-joergen-meier-soerensen/>



A note from our Director of Electronic Media, Steven “Thunder “Lee

- Do you know that our club is on Strava? It is a private club and I ask the member to join the club if the member uses Strava. The link is <https://www.strava.com/clubs/306787> or search on the Strava, "Marathon Globetrotters"

- When users enter a new race entry on the race form, please provide very specific race URL instead of the generic entry especially if the race date is older than 5 years. Please make sure to validate the url before the form is submitted. This will help make the vetting process much easier and faster, making everyone happy. For example, do not use these generic urls like, <https://www.planete-marathon.fr> or <http://www.marthonguide.com> instead provide the detailed url like, <http://www.baa.org/races/boston-marathon/results-commentary/archive-results.aspx> along with bib number and finish time. In the event if you can not provide all the information, make sure to send the email with proof of document to member-ship@marathonglobetrotters.org with the follow up email.

- Please encourage members to use the race calendar

- Send any comments, feedback, wishlist about the website to electronicmedia@marathonglobetrotters.org

- the latest stat of membership as of March 2, 2018 - <https://marathonglobetrotters.org/membership/statistics>

- list of emails, <https://marathonglobetrotters.org/about/contact>

Annual Meeting 2018 Site

Voting is complete and the result is Borobudur Marathon, Magelang - Yogyakarta, Indonesia - Sunday November 18, 2018.

Revi Fayola Sitompul, our Asia Ambassador, will be preparing an information packet to guide you in making travel plans if you want or need that assistance. We may have entry discount, hotel discount and tourist opportunities. Like usual we will arrange an MG meeting the evening before the marathon at a location convenient to the hotel or expo so schedule your arrival to be able to attend.

You may also want to take advantage of a race in the region the week prior or after. Fayola included that in her proposal, but if you discover other alternatives please share them with the group.

The 12 that voted for this are anticipated to attend and we hope many others will join us.

Voting results:
Indonesia 12
Panama 9
Australia 8

Marathon Globetrotter's Annual Meeting Proposal 2018

Propose Borobudur Marathon, Magelang - Yogyakarta, Indonesia

Link: www.borobudurmarathon.co.id



Background:

Candi Borobudur or Borobudur Temple , a UNESCO World Heritage Site is a Buddhist stupa and temple complex dating from the 8th century. Borobudur Marathon, a running race event with “Reborn Harmony” as its main theme. It is largest marathon of of Central Java and IAAF certified By raising the values of history. The race course is mainly flat, and there two uphill and downhill , running across the paddy village, farmer village, and some traditional dance performance along the road will cheering all the runners. The cheering from dancer will keep up the spirit of all runners.

Around 8.754 runners participated in the event for Full Marathon category, Half Marathon, and 10 K.

Travel:

Magelang City, is easily accessed via Yogyakarta International Airport (Adisutjipto International Airport). Most visitors go to Borobudur from Yogya by tour bus, and any of the hotels will make arrangements for travel. If you're arriving in Yogyakarta and going directly to Borobudur temple, you can use the local bus terminus to catch a bus to Magelang or Muntilan. From either location, catch a bus to the Borobudur terminus. Borobudur is actually located about a 45-minute drive from central Yogyakarta, taxi also available from the airport

Tourism:

Borobudur is the biggest Buddhist temple in the ninth century measuring 123 x 123 meters. It is located at Magelang, 90-km southeast of Semarang, or 42-km northwest of Yogyakarta. Borobudur temple is the one of the best-preserved ancient monument in Indonesia that are most frequently visited by over a million domestic as well as foreign visitors. It also had been acclaimed by the world as a cultural heritage main kind. The architectural style has no equal through out the world. It was completed centuries before Angkor Wat in Kamboja. Borobudur is one of the world's most famous temples; it stands majestically on a hilltop overlooking lush green fields and distant hills. Borobudur is built of gray andesite stone. It rises to seven terraces, each smaller than the one below it. The top is the Great Stupa, standing 40 meters above the ground. The walls of the Borobudur are sculptured in bas-reliefs extending over a total length of six kilometers. It has been hailed as the largest and most complete ensemble of Buddhist relieves in the world, unsurpassed in artistic merit and each scene an individual masterpiece.

<http://www.indonesia-tourism.com/central-java/borobudur.html>

Race date: 18 November 2018

Racepack : include participant Tshirt, some gift from sponsor such balm, sun block, snack etc. On completion competitors receive a finisher T shirt for Full Marathon, and finisher medallion for all finishers. Cut Off time is seven hour.

Nearby race on adjacent weekend(s)

Penang Bridge International Marathon (Malaysia) would be one week after.

25 November 2018

<http://www.penangmarathon.gov.my/portal/>

Macau would be two weeks after.

02 December 2018

<http://www.macaumarathon.com/>

Standard Chartered Singapore Marathon
(Singapore) would be three weeks after.

08 – 09 December 2018



<https://www.runsociety.com/event/standard-chartered-singapore-marathon-2018/>

Regards,

Letter from the president



2018 elections are complete. Well, almost, we have nominations for Awards and Finance and will soon be holding a special election. I encourage you to vote if you are a full member.

2018 Officers:

Publicity: Cheri Pompeo

Electronic Media: Steve “Thunder” Lee

Membership: Eddy Angkawibawa

Awards: TBD

Finance: TBD

President: Kevin Brosi

Please thank these volunteers the next time you see them at a race. That includes the Ambassadors we have all across the globe. Check our website for contact information, their role is to assist you in your travels to their region of the world.

We have one new Ambassador for Social Media, Kino Hideki, you will see him posting and replying to Facebook and Twitter.

The vote for the Annual Global Meeting is complete and Indonesia has been selected. Our Asia Ambassador Fayola will be our host and more information will be forthcoming.

What happened to gear, many are asking?

We have several more steps to go then will be making an offer to all members to make a once per quarter purchase of the things we can offer. Watch this space for more information, we want to get this done as much as you want the merchandise.

Remember, we run the world!

Notes from the Editor

Please share with me:

- Photos from marathons, with descriptive captions
- Member profiles, written in your own words
- Race reports, via link to your blog when possible

Email me at publicity@marathonglobetrotters.org. If English is not your first language, I will be happy to work with you to edit your text.

Cheri Pompeo
Director of Publicity

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